



What's It All About? The Bright Beginnings Program provides a series of twenty or more 1:1 sessions between a Coordinator and mom. The Coordinator stays in contact with the mom's medical provider to ensure that appropriate care is provided. At the first appointment the coordinator talks with mom to compile a record of medical history. The Coordinator also provides a program overview, orders lab tests, and makes an appointment with a medical provider.



“Knowing is caring.”



Learn How to Care For Your Baby

- Parenting issues
- Early Childhood Education
- Pre-natal Activities
- Care For Your Health
- Moms have regular check-ups
- Ultrasounds
- All needed Pre-natal care

Education The Coordinator educates moms on many topics including: prenatal health; breast feeding; car seat safety; stages of labor; C-sections; immunizations; post-partum experience; the development of babies from conception to birth; nutrition, the importance of early childhood education, and parenting skills. In addition, the mother's weight, health, and nutrition are tracked throughout pregnancy.

Incentives

Moms receive a small incentive at each session. These items include infant clothing, diapers, books, musical CD's, and other infant-related items. Upon completion of all 20+ required sessions each participant receives a new stroller and baby car seat.



SIGN UP TODAY!
Call the Soledad Medical Clinic today!

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